

Asrin Seyedoshohadayi

Psychosomatic Fellow

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WORK EXPERIENCE

Hazarkanian Rural Health Center General Physician	(2008 - 2009)	Divandareh Health Center Head of Family Health Unit	(2009 - 2011)
Divandareh Health Center Chairmanship	(2011 - 2012)	Shiraz University of Medical Sciences Psychiatry Assistant	(2012 - 2016)
Kurdistan University of Medical Sciences Head of the Student Research Committee	(2016 - 2019)	Kurdistan University of Medical Sciences Student Research Committee Scientific Council Chairmanship	(2016 - 2019)
Kurdistan University of Medical Sciences Assistant Professor, Psychiatric Department	(2016 - Present)	Kowsar Hospital of Sanandaj Co-Founder of the Psychosomatic Department	(2017 - Present)
Kowsar Hospital of Sanandaj Head of the Clinical Education Development Unit	(2018 - 2020)	Kowsar Hospital of Sanandaj Psychosomatic Ward Educational Programming Officer	(2018 - Present)
Kurdistan University of Medical Sciences Institutional Accreditation Officer	(2022 - Present)		

EDUCATION

Kurdistan University of Medical Sciences General Physician, Medicine	(2000 - 2008)	Shiraz University of Medical Sciences Masters, Psychiatry	(2012 - 2016) 3rd in the Country
Tehran University of Medical Sciences - Virtual School Masters, Medical Education	(2018 - Present)	Tehran University of Medical Sciences Fellowship, Psychosomatics	(2020 - 2022)

LICENCES

Medical Licence Ministry of Health and Medical Education	(2008)	Psychiatry Licence Iranian Psychiatric Association	(2016)	Psychosomatic Fellowship License Ministry of Health and Medical Education	(2022)
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LANGUAGES

Kurdish
Native / First Language



Persian
Native / National Language



English
IELTS



PUBLICATIONS

- The Relationship between Emotional Intelligence and Emotional Maturity among Students of Kurdistan University of Medical Sciences** (2018)
Journal of Ecophysiology and Occupational Health
DOI 10.18311/jeoh/2018/21377
- Study Tries to Measure and Compare Stress and Job Satisfaction between Surgeons and Lawyers of Sanandaj** (2018)
Journal of Ecophysiology and Occupational Health
DOI 10.18311/jeoh/2018/21320
- Pharmacotherapy in a Patient with a Foreign Body in the Rectum and Mental Retardation: A Brief Report** (2021)
Advances in pharmacology and therapeutics Journal
DOI: 10.18502/aptj.v1i1.7918
- Study Tries to Measure and Compare Stress and Job Satisfaction between Surgeons and Lawyers of Sanandaj** (2018)
Journal of Ecophysiology and Occupational Health
DOI 10.18311/jeoh/2018/21491
- 5. Relationship of Personality Characteristics with Impression Management Components in Employees of Iranian Governmental Organizations** (2018)
International Journal of Ayurvedic Medicine
10.47552/ijam.v9i3.1102
- A Preliminary Examination of Acceptance and Commitment Therapy Versus Exposure and Response Prevention for Patients with Obsessive-Compulsive Disorder on an Optimal Dose of SSRIs: A Randomized Controlled Trial in Iran** (2020)
Behavior Modification
10.1177/0145445520982977
- Comparison of prevalence of depression in cancer patients treated with chemotherapy and radio chemotherapy in the hospital Tohid Sanandaj** (2018)
Discovery Journals
- Development of a causal model of marital commitment based on forgiveness and differentiation mediated by marital intimacy and the effectiveness of this model on the quality of marital relationships** (2022)
Shenakht Journal of Psychology and Psychiatry
10.32598/shenakht.9.2.146
- Investigating the effects of post-discharge care services for patients with severe psychiatric illnesses on their caregivers' burnout in Sanandaj** (2022)
Archives of Psychiatric Nursing
10.1016/j.apnu.2021.08.003

SKILLS

Teaching



Ward Management



Schema Therapy



Acceptance Commitment Therapy



Medical Practice



Cognitive Behavioral Therapy



Curriculum Planning



MEMBERSHIPS

Medical Council of the Islamic Republic of Iran	(2008 - Present)	Iranian Psychiatric Association	(2016 - Present)
Kurdistan University of Medical Sciences Examination Board Member of the Final General Physicians Clinical Competency Test	(2016 - Present)	Kurdistan University of Medical Sciences Examination Board Member of the Psychiatric Residence Competency Test	(2016 - Present)
Kurdistan University of Medical Sciences Neuroscience Research Center Member	(2017 - Present)	Kowsar Hospital of Sanandaj Scientific Council Member of Clinical Research	(2018 - Present)
Kowsar Hospital of Sanandaj Ethics Committee Member	(2018 - Present)	The West of Iran Pre-Internship Board Examination Board Member	(2019 - Present)
Kurdistan University of Medical Sciences Examination Board Member of the End-of-Month Evaluation Interns and Trainees	(2019 - Present)	Kurdistan University of Medical Sciences Scientific Council Member of the Student Research Committee	(2019 - Present)
Kowsar Hospital of Sanandaj Patient Education Committee Member	(2019 - Present)	Kurdistan University of Medical Sciences Internationalization Committee Member	(2019 - Present)
Kurdistan University of Medical Sciences Cohort Research Council Member	(2022 - Present)		